

Breads

MEMBERS | NON MEMBERS

Cheesy Garlic Bread (v) \$8 | \$10

Entrees

Spicy Korean Buffalo Wings (gr) \$16 | \$18
With ranch dipping sauce

Crispy Fried Calamari (gr) \$15 | \$17
With light chilli and lime crust, aioli sauce

Prawn and Ginger Dumplings \$15 | \$17
With nuoc cham dipping sauce

Honey and Sriracha Popcorn Cauliflower Bites (v) \$15 | \$17
With aioli sauce

Chef's Specials

Thai Stir Fry Chicken & Prawn Noodles (gr) \$25 | \$27
Tossed with stir fry vegetables, rice noodles and Asian style sauce

Aussie Beef Burger \$22 | \$24
House made beef patty, toasted milk bun, lettuce, tomato, beetroot, tasty cheese, bacon jam and chips

Vegetarian Smashed Falafel Burger (v) \$24 | \$26
Toasted vegan milk bun, rocket, tomato, yoghurt dressing and chips

Miso Glazed Crispy Skin Salmon (gr) \$30 | \$33
With mashed potato, broccolini and honey soy drizzle

- The Waves Bistro -

LUNCH 11:30AM - 2:00PM
DINNER 5:30PM - 8:00PM (8:30PM FRI/SAT)

From the Char Grill

Served with one sauce, a choice of fries or mashed potato & a choice of coleslaw or garden salad

MEMBERS | NON MEMBERS

200g MSA Rump
\$27 | \$29

400g MSA Rump
\$35 | \$38

200g Petite Eye Fillet
with cowboy butter
\$40 | \$43

Grilled Pork Cutlet
\$29 | \$31

Upgrade to vegetables
\$3 | \$4

Complimentary Sauces (gf)

Gravy, Mushroom, Three Pepper,
Hollandaise, Garlic Cream

Complimentary sauces only available with
Char Grill selections - additional sauces \$3 | \$4

The Waves
club caloundra

Seafood

Served with a choice of fries or mashed potato & a choice of coleslaw or garden salad

MEMBERS | NON MEMBERS

Beer Battered Flathead \$24 | \$26
With chips, salad and tartare sauce

Seafood Jumble \$31 | \$34
Battered flathead, 3 tempura prawns, 2 crumbed prawn cutlets, chilli lime squid, cocktail seafood claw with tartare sauce

Chicken

Served with a choice of fries or mashed potato & a choice of coleslaw or garden salad

Chicken Schnitzel \$23 | \$25
Chicken schnitzel includes one complimentary sauce

Chicken Parmigiana \$29 | \$32
Chicken schnitzel topped with Napoli, bacon & cheese

Char Grilled Chicken Breast (gr) \$27 | \$29
With creamy masala and mushroom sauce

Sides & Extras

Side Salad \$5 | Mashed Potato \$5
Crispy Fries \$8 | Pan Fried Vegetables \$8

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The Waves
club caloundra

Pasta

MEMBERS | NON MEMBERS

- Fettuccine Carbonara \$25 | \$27
Bacon, mushrooms, shallots, creamy garlic sauce, topped with parmesan cheese
- Chilli Prawn Spaghetti \$27 | \$29
Prawn cutlets, tossed through a mild chilli rose tomato sauce

Salad

MEMBERS | NON MEMBERS

- Caesar Salad \$23 | \$25
Cos lettuce, bacon, croutons, poached egg, Caesar dressing and parmesan cheese
- Add Chicken \$5
Add Prawns \$8
- Pumpkin and Cashew Salad \$22 | \$24
Roasted pumpkin and cashew nuts, cherry tomato, lettuce greens, bean sprouts and honey mustard dressing
- Add Chicken \$5
Add Prawns \$8

Pizza

MEMBERS | NON MEMBERS

- Supreme \$18 | \$20
Napoli sauce, shredded ham, mushroom, capsicum, olives, red onions, pepperoni and cheese
- Lamb and Feta \$20 | \$22
Marinated lamb, Napoli sauce, red onion, roast capsicum, rocket, feta cheese and yoghurt drizzle.
- Peri Peri Barbecue Chicken \$18 | \$20
Marinated chicken, spicy peri peri sauce, red onion, roast capsicum and cheese
- Vegetarian \$18 | \$20
Napoli sauce, sliced tomato, red onion, olives, capsicum, pumpkin and cheese

Gluten Free bases available (gf) | \$3

Please advise cashier when ordering of any dietary requirements or if you require a Gluten Free or Dairy Free Option

****Please note that The Waves' deep fryers cannot be 100% gluten free**

v = Vegetarian | gf = Gluten Free
gr = Gluten Reduced

Kids Meals under 12 years

- Chicken Nuggets, Chips and Salad
- Crumbed Calamari Rings, Chips & Salad
- Battered Fish, Chips & Salad
- Pluto Pup, Chips & Salad
- Cheese Burger & Chips

All served with juice box and ice-cream cup

\$11