

- Waves Bistro -

LUNCH 11:30AM - 2:00PM | DINNER 5:30PM - 8:00PM
(8:30PM FRI/SAT)

Starters

MEMBERS | NON MEMBERS

Garlic & Cheese Pizza Paddle (V)	\$11.50 \$13.50
Add bacon	\$14.50 \$16.50
Sea Salt & Cracked Pepper Calamari	\$12.50 \$14.50
Served with house-made lime aioli	
Prawn and Ginger Dumplings	\$13.00 \$15.00
Served with dipping sauce	
Vegetable Spring Rolls (V)	\$13.00 \$15.00
With sweet and sour plum sauce	
Crispy Battered Potato Wedges (V)	\$10.50 \$12.50
Served with sweet chilli & sour cream	

Chicken

Chicken Schnitzel	\$20.50 \$22.50
Served with lemon, chips, your choice of salad or vegetables & sauce	
Parmi Topper	\$23.50 \$25.50
Chicken schnitzel topped with napoli sauce sliced ham & cheese served with chips, your choice of salad or vegetables	
Chicken, Avo & Prawn	\$26.50 \$28.50
Chicken schnitzel topped with prawns, avocado and cheese served with chips, your choice of salad or vegetables	
Vegetarian schnitzel (V) (VG)	\$21.50 \$23.50
Served with chips, your choice of salad or vegetables & sauce	

Mains

MEMBERS | NON MEMBERS

Sea Salt & Cracked Pepper Calamari	\$24.50 \$26.50
Served with house-made lime aioli chips and your choice of salad or vegetables	
Chilli Prawn Linguine (GFO)	\$20.00 \$22.00
Prawn cutlets tossed through mild chilli rose tomato sauce	
Creamy Chicken Pesto Spaghetti	\$19.00 \$21.00
Chicken, shallots & cherry tomato's tossed through creamy pesto sauce	
Massaman Beef Curry (GF)	\$23.00 \$25.00
With steamed jasmine rice	
Grilled Chicken Supreme (GF)	\$23.00 \$25.00
Chargrilled chicken breast, grilled prawns and chimichurri served with chips and your choice of salad or vegetables	
Rump Steak	
· 200g (GF)	\$23.50 \$25.50
· 400g (GF)	\$30.50 \$32.50
Served with chips, salad or vegetables & your choice of sauce	
Steak and Claw	\$33.50 \$35.50
250g rib fillet steak topped with crumbed crab claw, hollandaise served with chips, salad or vegetables	

Seafood

MEMBERS | NON MEMBERS

Beer Battered Flathead	\$21.50 \$23.50
Served with chips, your choice of salad or vegetables and tartare sauce	
Seafood Plate	\$24.50 \$26.50
Salt and pepper squid, crumbed prawn, battered fish, crumbed crab claw, prawn twister served with chips, your choice of salad or vegetables & tartare sauce	
Crispy Skin Barramundi Fillet	\$27.50 \$29.50
Served with garlic and herb butter, chips and your choice of salad or vegetables	

Sauces

- Mushroom
- Three Pepper
- Garlic Cream
- Gravy
- Chilli Tomato
- Hollandaise



Burgers

- | | MEMBERS | NON MEMBERS |
|--|---------|-------------|
| Steak Sandwich | \$22.00 | \$24.00 |
| 150g Rib fillet served on a lightly toasted Turkish bread with lettuce, tomato, caramelised onion & cheese served with chips | | |
| Double Beef & Bacon Burger | \$19.00 | \$21.00 |
| 2 Beef patties, bacon, cheese, lettuce, tomato & BBQ sauce served on a toasted bun with chips | | |

Pizza

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|--|---------|---------|
| Supreme Pizza | \$25.00 | \$27.00 |
| Selection of minced beef, ham, pepperoni, vegetables, olives & cheese on a tomato sauce base | | |
| Meat Lovers | \$23.00 | \$25.00 |
| Minced beef, ham, bacon, pepperoni & cheese on a tomato sauce base | | |
| Chicken Cranberry and Brie | \$22.00 | \$24.00 |
| Napoli cream, chicken, cranberry sauce, & brie cheese | | |
| Vegetarian (V) | \$22.00 | \$24.00 |
| Napoli sauce, tomato, pumpkin, capsicum, red onion, mushrooms, olives and cheese | | |
- 9 inch Gluten free base available

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(8:30PM FRI/SAT)

Salad

- | | MEMBERS | NON MEMBERS |
|---|---------|-------------|
| Pumpkin and Cashew Salad (V) (VG) (GF) | \$20.00 | \$22.00 |
| Roasted pumpkin and cashew nuts, cherry tomato, lettuce greens, bean sprouts honey mustard dressing | | |
| Add Chicken | \$25.00 | \$27.00 |
| Add Prawns | \$25.00 | \$27.00 |
| Edamame Rainbow Bowl (V) (VG) (GF) | \$20.00 | \$22.00 |
| Quinoa, avocado, roast pumpkin, cherry tomato, edamame beans, with turmeric and tahini dressing | | |
| Add Chicken | \$25.00 | \$27.00 |
| Add Prawns | \$25.00 | \$27.00 |

Sides

- | | M | N/M |
|-----------------------|--------|---------|
| Side Salad V VG GF | \$5.00 | \$7.00 |
| Crispy Fries | \$8.00 | \$10.00 |
| Pan Fried Veg V VG GF | \$8.00 | \$10.00 |
| Mash Potato V GF | \$5.00 | \$7.00 |

V= Vegetarian
VG = Vegan
GF = Gluten Free
GFO = Gluten Free Option

The Waves
club caloundra



Kids Meals

under 12 years

\$10.00

- Spaghetti Bolognese
Chefs bolognese tossed through spaghetti finished with cheese
- Crumbed Chicken
Panko crumbed chicken served with a side of chips
- Battered Fish
Two pieces of crispy battered fish served with a side of chips
- Ham & Pineapple Pizza
Ham, pineapple pieces & cheese on a tomato sauce base